

GREG MYERS

LIBERATING STRUCTURES @ CAPITAL ONE



**WHAT IS A WORTHY-
BUT-ELUSIVE GOAL?**

ENGAGEMENT



- ▶ Few meetings have it
- ▶ Most folks struggle with it
- ▶ It reflects assumptions about
 - ▶ Power
 - ▶ Learning
 - ▶ Intelligence

TROIKA CONSULTING

“Why is it hard to
make progress?”

INVITATION



- ▶ Most common invitation "Listen to me."
- ▶ Next most common "Tell me what I want to hear."
- ▶ Is it safe?
- ▶ Do I care?
- ▶ Does it matter?

HOW SPACE IS ARRANGED

- ▶ Body-Brain connection is profound
- ▶ Arrangement of space
 - ▶ signals,
 - ▶ reinforces,
 - ▶ enables / prohibits



HOW PARTICIPATION IS DISTRIBUTED

- ▶ Who deserves to take part?
- ▶ What does it mean to invite participation?
- ▶ What is the difference between
 - ▶ Being tolerated, and
 - ▶ Belonging?



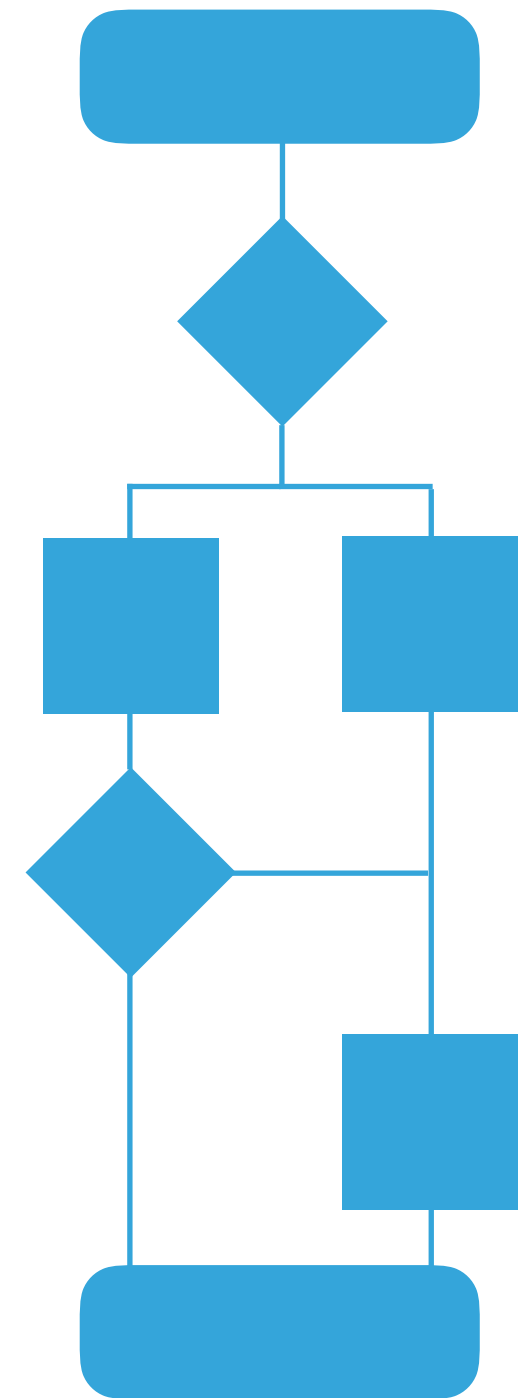
HOW GROUPS ARE CONFIGURED



- ▶ Who is in and who is out?
- ▶ How do we know?
- ▶ What is made possible through face time and one-on-one interaction?

SEQUENCE OF STEPS AND TIME ALLOCATION

- ▶ How you allocate activities and time has a profound impact on what happens
 - ▶ "One for you and two for me"
 - ▶ "Two for me and none for you"
 - ▶ "All for me, and all for me"



“WHAT’S ONE THING YOU COULD DO
NOW, TOTALLY WITHIN YOUR
CONTROL, THAT WOULD GET YOU
CLOSER TO YOUR GOAL?”



15% SOLUTION

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VISIT THE WEBSITE (WWW.LIBERATINGSTRUCTURES.COM)

DOWNLOAD THE APP (LIBERATING STRUCTURES)

USE MATCHMAKER (SEARCH THE SITE)

CONTACT ME

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